# October Entrée and Soup Specials
**Ingram**

**Lunch Served 11am-1:30pm**

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
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<td><strong>ENTREES:</strong></td>
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<tr>
<td>- Two Soft Shell Chicken Tacos</td>
<td>- Tika Malaal-Chicken</td>
<td>- Curriedwurst sausage with</td>
<td>- Choose-Chicken Shawarma, Falafel,</td>
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<tr>
<td>- Vegetarian Mexican Lasagna</td>
<td>- Chana Masaala-Chickpea</td>
<td>Potato Wedge Fries</td>
<td>or Lamb Gyro Meat</td>
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<tr>
<td>Both served with Spanish Rice</td>
<td>Both served with Basmati Rice</td>
<td>- Fried Curry Tofu with Potato</td>
<td>Choose: Pita, Rice or Salad</td>
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<tr>
<td>SIDES:</td>
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<td>Wedge Fries</td>
<td>Topped with tomato,</td>
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<tr>
<td>Tortilla Chips &amp; Black Bean Salsa</td>
<td>Curried Cauliflower,</td>
<td></td>
<td>onion, tzatziki sauce</td>
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<tr>
<td>Mexican Corn, Mixed greens salad, Chips</td>
<td>Naan bread, Mixed greens salad,</td>
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<td>SIDES:</td>
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<tr>
<td></td>
<td>Chips</td>
<td></td>
<td>- Zaatar Grilled Pita, Greek Greens,</td>
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<td></td>
<td></td>
<td></td>
<td>Mixed greens salad, Chips</td>
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<td>Soups:</td>
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<td></td>
<td></td>
<td></td>
<td>Clam Chowder with Bacon</td>
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<td></td>
<td>WU Potato Leek</td>
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<td></td>
<td>WU Beef Chili</td>
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**ENTREES:**
- Pork Dan Dan Noodles
- Vegetable Lo Mein

**SIDES:**
- Cream Cheese Wontons
- Asian Mixed Vegetables, Mixed Greens salad, Chips

**SOUPS:**
- WU Beef Chili

**ENTREES:**
- BBQ Meatloaf with baked beans
- Macaroni and Cheese with baked beans

**SIDES:**
- Soy cashew Brussels sprouts, Memoirs Fries, Mixed Greens salad, Chips
- Cream of Mushroom

**ENTREES:**
- Beef Lasagna
- Vegetarian Lasagna

**SIDES:**
- Italian Mixed Vegetables, Mixed greens salad, Chips
- Chicken Dumpling

**ENTREES:**
- Mediterranean Chicken with Polenta
- Italian Ragout with Polenta
- Curried Tofu with brown rice

**SIDES:**
- Grilled Zucchini, Roasted Red Potatoes
- Mixed Greens salad, Chips
- Mixed greens salad, Chips
- Potato Leek

**ENTREES:**
- Two Soft Shell Chicken Tacos
- Vegetarian Mexican Lasagna

**SIDES:**
- Tortilla Chips & Black Bean Salsa
- Mexican Corn, Mixed greens salad, Chips
- Chicken Dumpling

**ENTREES:**
- Tika Malaal-Chicken
- Chana Masaala-Chickpea

**SIDES:**
- Curried Cauliflower, Naan bread, Mixed greens salad, Chips
- Baja Chicken Enchilada
- Harvest Grain & Mushroom

**ENTREES:**
- zkared BBQ Chicken
- Pork Dan Dan Noodles

**SIDES:**
- Cream Cheese Wontons
- Asian Mixed Vegetables, Mixed Greens salad, Chips

**SOUPS:**
- WU Vegetarian Chili

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NOTES:
- Vegetarian Entrée $6.16 | Meat Entrée $6.40
- Soup Cup $2.95 | Soup Bowl $3.50 | Chili Cup $3.30 | Chili Bowl $4.00
- (Soup & Chili Ala Carte only)
- Meals include: Choice of One Entrée, Choice of One Side
- Additional sides are $0.75 with Meal
- Assorted Chips: Orig Sun Chips, Ched Sun Chips, Goldfish, Baked Lays
- NOTE: All options subject to change, WU = Wisconsin Union Made

**NOV 1**
- Baked Lemon Butter Cod
- Pork Loin with Peanut Sauce

**ENTREES:**
- Choose-Chicken Shawarma, Falafel, or Lamb Gyro Meat

**SIDES:**
- Steamed mixed Veggies, Mixed greens salad, Chips
- WU Clam Chowder with bacon
- Harvest Grain & Mushroom
- Meat Chili