November Entrée and Soup Specials
Ingram Lunch Served 11am-1:30pm

Mondays:

30

ENTREES:
- Pork Dan Dan Noodles
- Jack Fruit Dan Dan Noodles
SIDES: Vegetarian Egg Roll, Mixed greens, Sun chips
Soups: Split Pea & Ham Broccoli Cheese Beef Chili

31

ENTREES:
- Spinach Pepperjack Quiche
- Farmhouse Chicken
SIDES: Mashed potatoes & gravy, Peas, mixed greens, Sun chips
Soups: Chicken Noodle Broccoli Cheese Beef Chili

Tuesdays:

1

ENTREES:
- Vegetarian Lasagna
- Italian Chicken Sandwich; spicy shredded chicken on French roll
SIDES: Green beans, mixed greens, Sun chips, bread stick
Soups: Tomato Basil Vegetable Beef barley Beef Chili

2

ENTREES:
- Chicken Tikka Masala with Rice
- Bombay Veggie Joe sandwich
SIDES: Curry Fries, Grilled zucchini, Naan, mixed greens, Sun chips
Soups: Chicken Dumpling Minestrone Beef Chili

Thursdays:

3

ENTREES:
- Blackened Catfish
- BBQ Jackfruit sandwich
SIDES: Southern greens, Vegetable Jambalaya, mixed greens, Sun chips
Soups: Clam Chowder with Bacon Harvest Grain & Mushroom Beef Chili

Fridays:

4

ENTREES:
- Tavern Cod Sandwich with cheddar cheese, lettuce & tartar
- Garlic herb chicken strips
SIDES: Jasmine Rice, green beans w almonds, mixed greens, Sun chips
Soups: Clam Chowder with bacon Broccoli Cheese Beef Chili

Notes:
- Vegetable Entrée $4.98 | Meat Entrée $5.21
- Soup Cup $2.65 | Soup Bowl $3.18 | Chili Cup $3.03 | Chili Bowl $3.65
- Additional sides - $0.75
- Meat Option $5.21
- Vegetarian Option $4.98
- Meals Come with: Choice One Entrée Choice One Side
- Additional sides - $0.75
- Soup and Chili Ala Cart

NOTE: All options subject to change