# September Entrée and Soup Specials

**Ingramh**

**Lunch Served 11am-1:30pm**

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<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
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<tbody>
<tr>
<td>Sept 2</td>
<td><strong>CLOSED LABOR DAY</strong></td>
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## Entrées

**9 ENTRÉES:**
- Beef Pot Roast with Roasted Red Potatoes
- Butternut Squash & Kale Quiche with Roasted Red Potatoes
- Fresh Fruit Salad
- Steamed Mixed Vegetables, Mixed Greens salad, Chips
- Assorted Chips: Orig Sun Chips, Ched Sun Chips, Goldfish, Baked Lays

**SIDES:**
- Mixed Greens salad
- Chips

**ENTRÉES:**
- Cuban Pork Sandwich
- pork, salami, Swiss cheese, pickles
- Caribbean Tofu Sandwich: tofu, mango salsa, mixed greens
- Mixed Potatoes & Gravy
- Steamed Broccoli & Carrots
- Mixed Greens salad, Chips
- Chicken Noodle
- Broccoli Cheese
- Meat Chili

**10 ENTRÉES:**
- Two Soft Shell Chicken Tacos
- Vegetarian Mexican Lasagna
- Both served with Basmati Rice
- Tortilla Chips & Black Bean Salsa
- Mexican Corn
- Mixed greens salad, Chips
- Vegetable Beef Barley
- Creamy Tomato Basil
- Meat Chili

**11 ENTRÉES:**
- Tajik Ma saliva-Chicken
- Chana Ma saliva-Chickpea
- Both served with Basmati Rice
- Naan bread, Mixed greens salad, Chips
- WU Chicken Noodle
- Creamy Tomato Basil
- Meat Chili

**12 ENTRÉES:**
- Currywurst sausage with Potato Wedge Fries
- Fried Curry Tofu with Potato Wedge Fries
- German Carrots
- Picked Cole Slaw
- Mixed Greens salad, Chips
- Wisconsin Cheese & Bacon
- Chicken Noodle
- Creamy Tomato basil
- Minestrone
- WU Beef Chili

**13 ENTRÉES:**
- Choose: Chicken Shawarma, Falafel, or Lamb Gyro Meat
- Choose: Pita, Rice or Salad
- Toasted with tomato, onion, tzatziki sauce
- Zaatar Grilled Pita
- Greek Greens
- Mixed greens salad, Chips
- Clam Chowder with Bacon
- WU Potato Leek
- Meat Chili

**14 ENTRÉES:**
- Baked Lemon Butter Cod
- Pork Loin with Peanut Sauce
- Both come with sour cream potatoes
- Steamed mixed veggies, Mixed greens salad, Chips
- WU Clam Chowder with bacon
- Minestrone
- WU Beef Chili

**15 ENTRÉES:**
- Mediterranean Chicken with Polenta
- Italian Ragout with Polenta
- Scrod Vegetables
- Mixed Greens salad, Chips
- Vegetable Beef Barley
- Creamy Tomato basil
- Meat Chili

**16 ENTRÉES:**
- Mediterranean Chicken with Polenta
- Italian Ragout with Polenta
- Create Vegetables
- Mixed Greens salad, Chips
- Vegetable Beef Barley
- Creamy Tomato basil
- Meat Chili

**17 ENTRÉES:**
- Mediterranean Chicken with Polenta
- Italian Ragout with Polenta
- Broccoli Vegetables
- Italian Mixed Vegetables, Mixed greens salad, Chips
- Vegetable Beef Barley
- Creamy Tomato basil
- Meat Chili

**18 ENTRÉES:**
- Butternut Squash & Kale Quiche with Roasted Red Potatoes
- Fresh Fruit Salad
- Steamed Mixed Vegetables, Mixed Greens salad, Chips
- Moroccan and Cheese with Baked Beans
- Mixed greens salad, Chips
- Vegetable Beef Barley
- Creamy Tomato basil
- Meat Chili

**19 ENTRÉES:**
- Baked Lemon Butter Cod
- Pork Loin with Peanut Sauce
- Both come with sour cream potatoes
- Steamed mixed veggies, Mixed greens salad, Chips
- WU Clam Chowder with bacon
- Minestrone
- WU Beef Chili

**20 ENTRÉES:**
- Baked Lemon Butter Cod
- Pork Loin with Peanut Sauce
- Both come with sour cream potatoes
- Steamed mixed veggies, Mixed greens salad, Chips
- WU Clam Chowder with bacon
- Minestrone
- WU Beef Chili

**21 ENTRÉES:**
- Baked Lemon Butter Cod
- Pork Loin with Peanut Sauce
- Both come with sour cream potatoes
- Steamed mixed veggies, Mixed greens salad, Chips
- WU Clam Chowder with bacon
- Minestrone
- WU Beef Chili

**22 ENTRÉES:**
- Baked Lemon Butter Cod
- Pork Loin with Peanut Sauce
- Both come with sour cream potatoes
- Steamed mixed veggies, Mixed greens salad, Chips
- WU Clam Chowder with bacon
- Minestrone
- WU Beef Chili

**23 ENTRÉES:**
- Mediterranean Chicken with Polenta
- Italian Ragout with Polenta
- Broccoli Vegetables
- Italian Mixed Vegetables, Mixed greens salad, Chips
- Vegetable Beef Barley
- Creamy Tomato basil
- Meat Chili

**24 ENTRÉES:**
- Mediterranean Chicken with Polenta
- Italian Ragout with Polenta
- Scrod Vegetables
- Italian Mixed Vegetables, Mixed greens salad, Chips
- Vegetable Beef Barley
- Creamy Tomato basil
- Meat Chili

**25 ENTRÉES:**
- Mediterranean Chicken with Polenta
- Italian Ragout with Polenta
- Scrod Vegetables
- Italian Mixed Vegetables, Mixed greens salad, Chips
- Vegetable Beef Barley
- Creamy Tomato basil
- Meat Chili

**26 ENTRÉES:**
- Mediterranean Chicken with Polenta
- Italian Ragout with Polenta
- Scrod Vegetables
- Italian Mixed Vegetables, Mixed greens salad, Chips
- Vegetable Beef Barley
- Creamy Tomato basil
- Meat Chili

**27 ENTRÉES:**
- Mediterranean Chicken with Polenta
- Italian Ragout with Polenta
- Scrod Vegetables
- Italian Mixed Vegetables, Mixed greens salad, Chips
- Vegetable Beef Barley
- Creamy Tomato basil
- Meat Chili

**NOTES:**

- Vegetarian Entrée $6.16
- Meat Entrée $6.40
- Soup Cup $2.95
- Soup Bowl $3.50
- Chili Cup $3.30
- Chili Bowl $4.00
- (Soup & Chili Ala Carte only)
- Meals Include: Choice of One Entrée, Choice of One Side
- Additional sides are $0.75 with Meal
- Assorted Chips: Orig Sun Chips, Ched Sun Chips, Goldfish, Baked Lays
- NOTE: All options subject to change, WU= Wisconsin Union Made