## August 5

**ENTREES:**
- Tandoori Turkey Breast with Veggie Fried Rice
- Salmon Burger with Veggie Fried Rice

**SIDES:**
- Vegetarian Egg Rolls, Asian Mixed Vegetables, Mixed Greens salad, Chips
- Vegetable Beef & bacon
- Minestrone
- Meat Chili

**SOUPS:**
- Mixed greens salad, Chips
- Roasted Brussel Sprouts
- Fresh Fruit Salad
- Quiche with fresh fruit

**ENTREES -关闭 LABOR DAY**
- Baja Chicken Enchilada
- Mediterranean Vegetable Meat Chili

**SOUPS -关闭 LABOR DAY**
- Butternut Squash & Kale
- Chicken Parmesan with Penne Pasta

**MEDITERRANEAN VEGETABLE ENTREES -关闭 LABOR DAY**
- BBQ Shredded Chicken Sand topped with Cole slaw & Butternut Squash & Kale Quiche with fresh fruit
- Parsley potatoes, Fresh Fruit Salad
- Roasted Brussels Sprouts, Mixed Greens salad, Chips
- Vegetable Beef & bacon

**SIDES -关闭 LABOR DAY**
- Spilt Pea & Ham
- Creamy Tomato Basil
- WU Veggie Chili
- WU Beef Chili

**NOTE:** All options subject to change, WU = Wisconsin Union Made

**Meals Include:** Choice of One Entrée, Choice of One Side

**Additional sides are $0.75 with Meal**

**Assorted Chips:** Orig Sun Chips, Ched Sun Chips, Goldfish, Baked Lays

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## August Entrée and Soup Specials

**Ingram Lunch Served 11am-1:30pm**

### MONDAY

**ENTREES:**
- Honey Dijon Chicken Breast with Wild Rice Blend
- Macaroni and Cheese with Wild Rice

**SIDES:**
- Mixed greens salad, Chips
- Vegetable Beef & barley Broccoli Cheese
- WU Veggie Chili
- Meat Chili

**SOUPS:**
- Mixed greens salad, Chips
- Roasted Brussel Sprouts
- Fresh Fruit Salad

### TUESDAY

**ENTREES:**
- Two Soft Shell Chicken Tacos - Vegetarian Mexican Lasagna Both with Spanish Rice

**SIDES:**
- Tortilla Chips & Black Bean Salsa
- Mixed greens salad, Chips
- Soup: Lentil & Chorizo
- WU Veggie Chili
- Meat Chili

**SOUPS:**
- Mixed greens salad, Chips
- Roasted Brussel Sprouts
- Fresh Fruit Salad

### WEDNESDAY

**ENTREES:**
- Teriyaki Chicken with Brown Rice
- Deep Fried Teriyaki Tofu with brown rice

**SIDES:**
- Steamed Broccoli, Veggie Pot Stickers, Mixed Greens salad, Chips
- Soup: Chicken Dumpling
- Potato Leek
- WU Beef Chili

**SOUPS:**
- Mixed greens salad, Chips
- Roasted Brussel Sprouts
- Fresh Fruit Salad

### THURSDAY

**ENTREES:**
- Creamy Tomato basil
- Chicken Noodle
- Creamy Tomato basil
- WU Beef Chili

**SIDES:**
- Mixed greens salad, Chips
- Roasted Brussel Sprouts
- Fresh Fruit Salad

### FRIDAY

**ENTREES:**
- Grilled Brat with Sauerkraut & Onions
- Open-faced Black Bean Burger on Grilled corn bread with mixed greens and ranch

**SIDES:**
- Potato Wedge Fries
- Green Beans, Mixed Greens salad, Chips
- WU Clam Chowder with bacon

**SOUPS:**
- Harvest Grain & Mushroom
- WU Chili

**NOTE:** All options subject to change, WU = Wisconsin Union Made

**Veggie Entrée $6.16 | Meat Entrée $6.40**

**Soup Cup $2.95 | Soup Bowl $3.50 | Chili Cup $3.30 | Chili Bowl $4.00**

**(Soup & Chili Ala Carte only)**

**Meals Include:** Choice of One Entrée, Choice of One Side Additional sides are $0.75 with Meal

**Assorted Chips:** Orig Sun Chips, Ched Sun Chips, Goldfish, Baked Lays

**NOTE:** All options subject to change, WU = Wisconsin Union Made