

**From:** Jim Rogers jbrogers@wisc.edu

**Subject:** Health and Wellness: Bucky's Workout - this Wed, 12 noon Camp Randall Stadium

**Date:** May 22, 2017 at 2:09 PM

**To:** Wisconsin Union Student Staff union-students@lists.services.wisc.edu, union-staff@lists.services.wisc.edu

**Bcc:** Jim Rogers jbrogers@wisc.edu, Emily Borenitsch MPH eborenitsch@uhs.wisc.edu

JR



**HEALTH & WELLNESS**  
AT THE WISCONSIN UNION

As a reminder, you are invited to Bucky's Workout this Wednesday



The 3rd annual Bucky's Workout is this Wednesday, May 24<sup>th</sup>, 12:00—12:45 at Camp Randall

## KANDARI!

All abilities and fitness levels are welcome and accommodated. Pre registration is encouraged (and will get you a code for 24 hours of free B-Cycle use the day of the event!) but not required; day-of registration is also available.

All members of the UW-Madison campus community are encouraged to attend. Grab some friends and colleagues and join us for a great time! See you there!

Click on the link to register! <https://www.ohrd.wisc.edu/Catalog/Default.aspx?CK=55320>

### Additional fine print:

- pre-registration is recommended (but not required). Folks who pre-register will receive a code for 24 hours of free BCycle use the day of the event!
- The workout will begin at 12:00 noon. Folks may want to consider arriving a bit early to get checked in and in place.
- In case of bad weather, the event will be held in the McClain Center.
- Showers will be available after the workout.
- All participants must complete a Release of Liability Form and turn it in at the registration table. This form will be available at the event; it is also attached, to complete ahead of time. Individuals who pre-register will also receive a confirmation email with the form later today.
- If anyone is available to help with set up and/or staff the registration table, please let me know!
- If your unit would like to make available any promotional materials at the registration table, please send them to Emily Borenitsch (UHS, 333 East Campus Mall, Suite 8201) TODAY!

Please join the fun this Wednesday!

Jim Rogers  
Wisconsin Union Health and Wellness

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Email courtesy of Emily Borenitsch, MPH  
Community Health Specialist—Coordinator, Student Wellness  
University Health Services  
University of Wisconsin-Madison  
333 East Campus Mall #8104  
Madison WI 53715-1381  
(608)890-2853  
[eborenitsch@uhs.wisc.edu](mailto:eborenitsch@uhs.wisc.edu)

