



# February Entrée and Soup Specials

## Ingraham

Lunch Served 11am-1:30pm

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2 - Greek Falafel Plate; Falafel, tomatoes, and Tzatziki sauce atop spring mix with a grilled Pita  - Shredded BBQ Chicken with Cole Slaw on a hard roll *  Soups: Meat Chili Curry Tomato Lentil (Vegan) Wisconsin Cheese	3  - Chicken & Sausage Gumbo with French bread  - Tavern Cod Sandwich with Cheddar Cheese, lettuce and tartar sauce  Soups: Clam Chowder with Bacon Harvest Grain & Mushroom Meat Chili
6  - Farmhouse Chicken with Mashed Potatoes and Gravy  - Vegetarian African Stew served in a bread bowl *  Soups: Apple Mushroom Split Pea & Ham Meat Chili	7  - Pork or Veggie Mexican Plate; Pork or Veggie Taco Mix served with refried beans, cilantro rice, salsa Verde and two flour tortillas - Two soft shell tacos; Pork or Veggie with lettuce, tomato, cheese and salsa Verde *  Soups: Cream of Squash Minestrone Meat Chili	8  - Channa Masala (vegetarian) Served on Naan with Rice  - Kaluha Pork Sandwich; Pork with Pineapple salsa on a Hawaiian Roll *  Soups: Black Bean Cheesy Chicken Tortilla Meat Chili	9  - Italian Vegetable Ragout over Goat Cheese Polenta  - Italian Sausage in Marinara on a bun with Mozzarella cheese *  Soups: Chicken Dumpling Veggie Chili Meat Chili	10  - Lemon Zaatar Chicken Breast with Lentils  - Tavern Cod Sandwich with Cheddar Cheese, lettuce and tartar sauce *  Soups: Clam Chowder with bacon Harvest Grain & Mushroom Meat Chili
13  - Rosemary Chicken Breast Served with Yukon Hash Potatoes  - Vegetarian Sloppy Joe *  Soups: Shiitake Mushroom-GF & Vegan Split Pea & Ham Meat Chili	14  - Thai Glazed Chicken Thigh Served with Jasmine Rice and Thai Green Beans  -Veggie Meatball Sub Vegetarian "Meatballs" in Marinara with Mozzarella cheese on a bun *  Soups: Vegetable Beef Barley Broccoli Cheese Meat Chili	15  - BBQ Meatloaf served with Yukon Mashed Potatoes  - Black Bean Burger served on Jalapeno Corn bread with spring mix and ranch dressing *  Soups: Baja Chicken Enchilada Chipotle Sweet Potato-GF & Vegan Meat Chili	16  -Pork Dan Dan Noodles  - Blackened Catfish Po'boy Catfish with spring mix and remoulade sauce on a Ciabatta bun *  Soups: Cheesy Chicken Tortilla Veggie Chili Meat Chili	17  - Tikka Masala (Chicken) Served on Naan with Rice  - Tavern Cod Sandwich with Cheddar cheese, lettuce and tartar sauce *  Soups: Clam Chowder with Bacon Squash Bisque GF & Vegetarian Meat Chili
20  - Vegetarian Lasagna with garlic Bread and Marinara  - Gyro; Gyro meat, onion, tomato, and tzatziki on a Pita *  Soups: Veggie Black Bean-GF & Vegan Chicken Noodle Meat Chili	21  - New Orleans Plate; Catfish, Veggie jambalaya and Southern greens  - Andouille Sausage with Dijon Mustard Onions *  Soups: Chicken Dumpling Veggie Chili Meat Chili	22  - Beef Lasagna with Garlic Bread and Marinara  -Vegetarian "Chicken" Parmesan; Meatless "chicken" patty topped with Marinara and Mozzarella cheese *  Soups: Minestrone Split Pea & Ham Meat Chili	23  - Greek Falafel Plate; Falafel, tomatoes, and Tzatziki sauce atop spring mix with a grilled Pita  - Shredded BBQ Chicken with Cole Slaw on a hard roll *  Soups: Broccoli Cheese Vegetable Beef Barley Meat Chili	24  - Chicken & Sausage Gumbo with French bread  - Tavern Cod Sandwich with Cheddar Cheese, lettuce and tartar sauce  Soups: Creamy tomato Basil Clam Chowder with bacon Meat Chili
27  - Farmhouse Chicken with Mashed Potatoes and Gravy  - Vegetarian African Stew served in a bread bowl * Soups: Baja Chicken Enchilada Harvest Grain & Mushroom Meat Chili	28  - Pork or Veggie Mexican Plate; Pork or Veggie Taco Mix served with refried beans, cilantro rice, salsa Verde and two flour tortillas - Two soft shell tacos; Pork or Veggie with lettuce, tomato, cheese and salsa Verde * Soups: Minestrone Wisconsin Cheese with Bacon Meat Chili			

### NOTES:

Vegetarian Entrée \$4.74 | Meat Entrée \$4.98  
Soup Cup \$2.65 | Soup Bowl \$3.18 | Chili Cup \$3.03 | Chili Bowl \$3.65

\*Sides: cup of soup, mixed green salad, Original Sun Chips  
Additional sides are \$0.75

NOTE: All options subject to change